

# Tapasya

ICFAI UNIVERSITY NAGALAND

“...a quest for knowledge”

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## Editorial

Article 19 in the Constitution of India enshrines Freedom of expression as a fundamental human right. Although Freedom of expression reinforces pluralism and support the freedom of an individual/community to articulate their opinions and ideas without fear, it also allows to express and breakthrough inhibitions. The inhibitions that are encapsulated in the form of doubt, mental block, social anxiety, or the fear of exposing their vulnerability. The individual right is interrupted with apprehensive dilemma, thus deviating the human mind by creating an inherent barrier. This not only secludes human creativity and imagination but restrains an independent mind to lose the freedom of thought. This write up is determined to encourage the students to explore their creative stimulus and their innate abilities to assess their credibility. **Tapasya** “a quest for knowledge” is designed to inspire the students to foster their individuality through any form of expression, to allow the free exchange of ideas and help others see different perspectives.



Expression is an art of discovering oneself; it is a voice that navigates towards awareness hence confronting our passions instead of avoiding it. This realisation must be put forward as a whole to disseminate the possibility of right conviction and belief. It is time that the generation of today must exercise their rights to speak, communicate, express and enunciate their stance. Just as life gives a chance to all possibilities, this arena is a window of opportunity to unearth the innovation that is instilled in every individual. The vision is to revive the ingenuity and conquer individual liberty against emotional suppression by developing a sovereign mind. It is the ‘recentering’ of the ‘self’ to challenge and evoke a cognizant mind.

**Kikarenla Jamir**

Asst. Prof. (Department of English)  
Editor-in-chief

## Thought Smith

### *A memoir dedicated to my great grandmother, Rani Gaidinliu*



**B**orn on 26th January 1915 in present-day Tamenglong district of Manipur, my great grandmother Rani Gaidinliu was a Naga spiritual and political leader who led a revolt against the British colonial rule in India.

When she was born, high priests predicted that she would grow up to become an extraordinary woman.

At the age of 13, she started a political movement seeking to drive out the British from India. She also began her own version of the Non-cooperation movement among Naga tribes and made it difficult for the British administration to function in the region.

Rani Gaidinliu was arrested at the age of 16 and was sentenced to life imprisonment for waging war against the British. She was released in 1947 after India's independence, and continued to work for the upliftment of her people.

By acknowledging her role in the struggle against the British, Jawaharlal Nehru called her the "Daughter of the Hills" And gave her the title of "Rani" (Queen) and she gained local popularity as Rani Gaidinliu.

Rani Gaidinliu passed away at the age of 78 but before that she was bestowed a number of honours including the Tamrapatra Freedom Fighter Award in 1972, the Pad-

ma Bhushan in 1982, the Vivekananda Seva Summan Award in 1983, the Stree Shakti Puraskar and she posthumously was awarded the Bhagwan Birsa Munda Puraskar.

The state government developed a park along with a statue to honour the late freedom fighter in Silchar, Assam.

The Government of India issued a postal stamp in 1996, and also issued a commemorative coin in her honour in 2015.

Rani Gaidinliu was one of the few women political leaders who exhibited outstanding courage during the colonial period, despite limitations.



She was undoubtedly a beacon for the Zeliangrong people in particular and Nagas in general for showing the way to integrate with the mainland India.

Rani Gaidinliu will remain an icon of the North-East India since she gave her people a sense of identity and left a legacy that the region of northeast can produce one of the most courageous woman freedom fighter in India.

**Gaidinmei Pamei**  
*Department of Management*  
**BBA 3<sup>rd</sup> Semester.**

## Words Worth

### Embracing Oneself

Oh! Loving oneself,  
Harder than loving someone else.  
The standards you set for yourself  
Are more stern;  
I've spent so much time at war with myself.

Today, I looked in the mirror,  
I saw not just my face  
But a reflection of my past;  
Being rude to my younger self.

Now that I know the truth-  
The essence of self love.  
Holding onto thought that  
I ain't small, unworthy but a masterpiece!

Forgiving my younger self and  
Accepting who I am-  
The me of yesterday, today and tomorrow  
With no exceptions.

For now, I know the truth,  
From the very beginning to the very end.  
The choice to loving oneself,  
It's what I needed the most.

Ilino Sumi  
MA (Pol. Science), 3<sup>rd</sup> Semester

## The Paradox of Graduation

●.....●  
*It all starts with a bachelor's degree.  
Three years of persistent battle,  
Will now be put to the test.  
But then comes to a pause in the Perplexity of choice;  
Choices colliding between passion and interest.*

*Running for a white collar job,  
Digging for a good reputation?  
In a world where 'today' stands as an opportunity,  
Don't use your head, it triggers confusion.  
Just follow your heart.  
That's where your purpose lies,  
Making your paradox of graduation,  
a doorway to dreams.*



**Longzunger Jamir**  
*MA (Economics), 3<sup>rd</sup> Semester*

## I withdrew

*I take none at heart  
But I'm hurt  
I see darkness  
But I want brightness  
Nothing last  
So I adjust  
You see me  
But not when I'm Me  
Ego crushing  
When I'm rushing  
You watch the crowds  
While I watch sunsets  
You drew  
When I withdrew.*

**Keneingulie Sanyü Meyase**  
*BA (English Honours), 1st Semester*

## Fareworthy whisper

*Our days went darker and silent knowing you're not ours to keep  
anymore.*

*Fingers laid cold and pale.*

*An evidence. Oh! How you have fought your dear life for us!*

*Motionless, drawing every breath like you borrowed it.*

*Held your hands with a hope that you could make it one more day.*

*A kiss, the only way that could show how much you meant.*

*You whispered silent words signifying your farewell.*

*Like tears and heartbreaks would make you stronger,  
we shed and broke ourselves there but little did we know you took  
those tears as the holy glimmers of goodbye.*

*For dearest grandmother, until we meet again.*

**Thejavizo Sogotsu**  
*MA (English), 3<sup>rd</sup> Semester*

*"The world is like Pharoah, he fear plague not God".*

**Vivoto Kikhi**  
*B.Com, 5<sup>th</sup> semester*

## The Pursuit of Knowledge

*She skims over antiques  
Of pages by a Victorian window  
Absorbing each word keenly  
As the world outside  
Seems to pass her by.  
Her big brown orbs leave not  
The smudged sentences,  
She's passing the world by.  
A finger tracing the prints  
Indented on the old paper,  
A mind racing, manifesting  
An entire existence to become.  
The city, the people, the wind,  
She hears them not  
For she's willingly lost  
In the enlightenment she's found  
In a few dusty lines of wisdom,  
She's leaving the world behind,  
She's heading ahead and ahead  
And ahead, in the pursuit of knowledge.*

**Avipra Saprüna**  
BA (L&TS), 3<sup>rd</sup> Semester

## A Wishful Dream

*You are but a dream, a wishful dream.  
The sea, sky and earth between us as  
though the universe is against us.  
Far away from me, in a far-off distant  
land yet in my life you gleam.  
A blank future for us, leading nowhere  
but to me, you are luminous.  
Forsaken, forbidden lovers in our past  
life?  
I cannot tell, the memories remain  
oblivious.  
I see you in my dreams, feel you in my  
memories, maybe we had a history but  
I can't seem to remember that life.  
Maybe it's my bitter fate to remain un-  
known to you for the rest of my life.*

**Tsiikane Rollen Duomai**  
MA (English), 3<sup>rd</sup> Semester

## My Love

Way Before we met,  
You searched me and,  
We found our love bond.  
With your unconditional love,  
You gave me butterflies,  
And brings joy and happiness.  
Simple dates and outing,  
Gives us special memories to cherish.  
Silly fights and stupid arguments,  
Makes us more closer to one another.  
Place I want to be is close to you.  
There's love and peace in you.  
Make me feel completely safe.  
Am happy to be with you.  
Let our love remain the same forever,  
Until we turn grey and old  
Love you eternally, My Love.

**Keneingule Kechü**  
BA (English), 3<sup>rd</sup> Semester

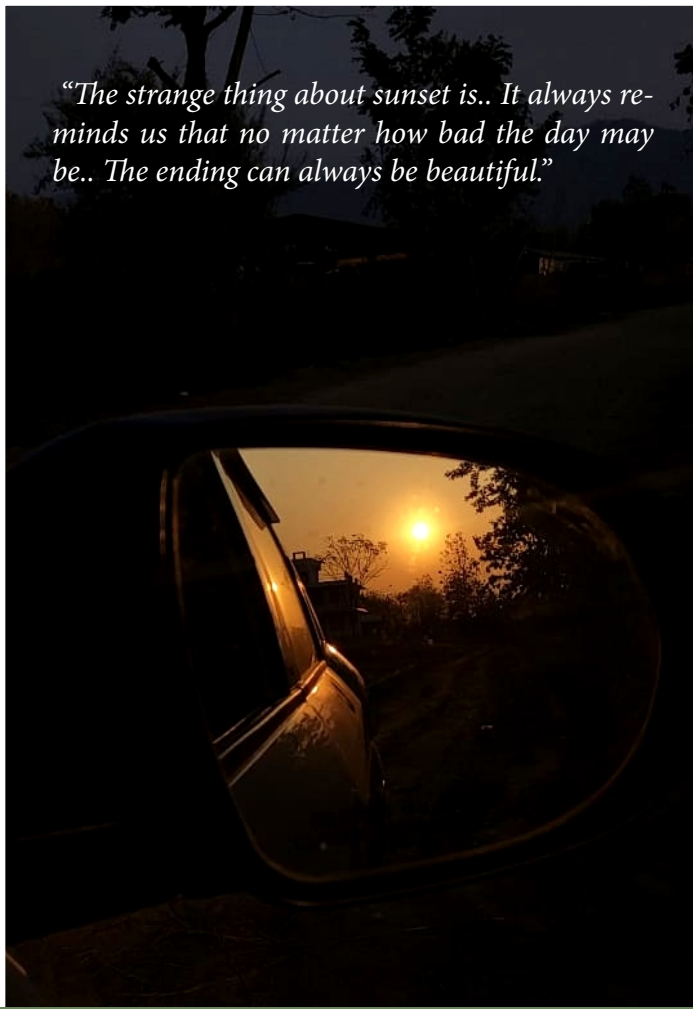
## The Unused

Perhaps you ache for privilege  
For the untold story of your life  
Stress and anxiety at the bottom,  
Filled with unseen beauty of life  
Gazing above skywards  
Wandering for the desires  
Museum of moments  
Left with unsaid  
When part of what you're made of  
Always wishes to return

**Kevisituo Seyie**  
BA (English), 3<sup>rd</sup> Semester

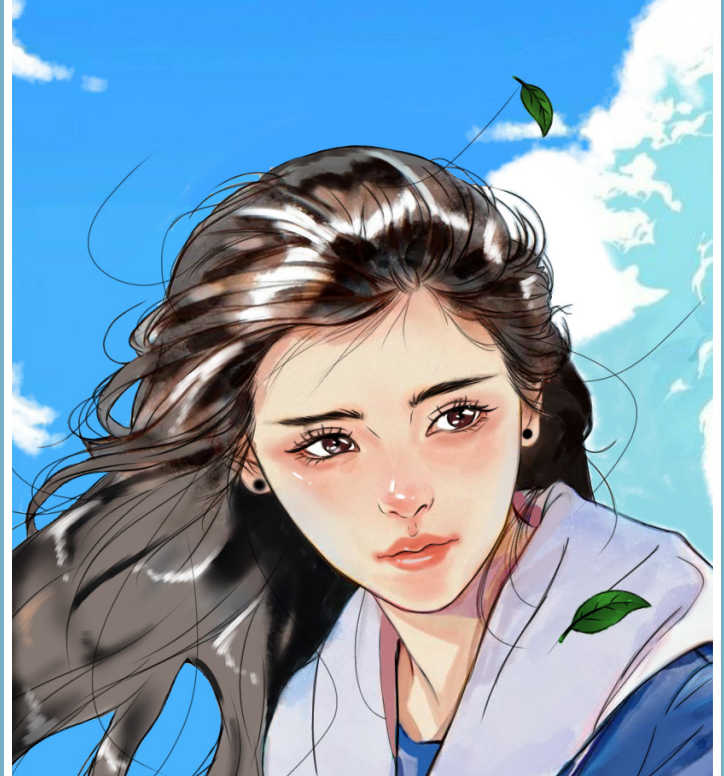
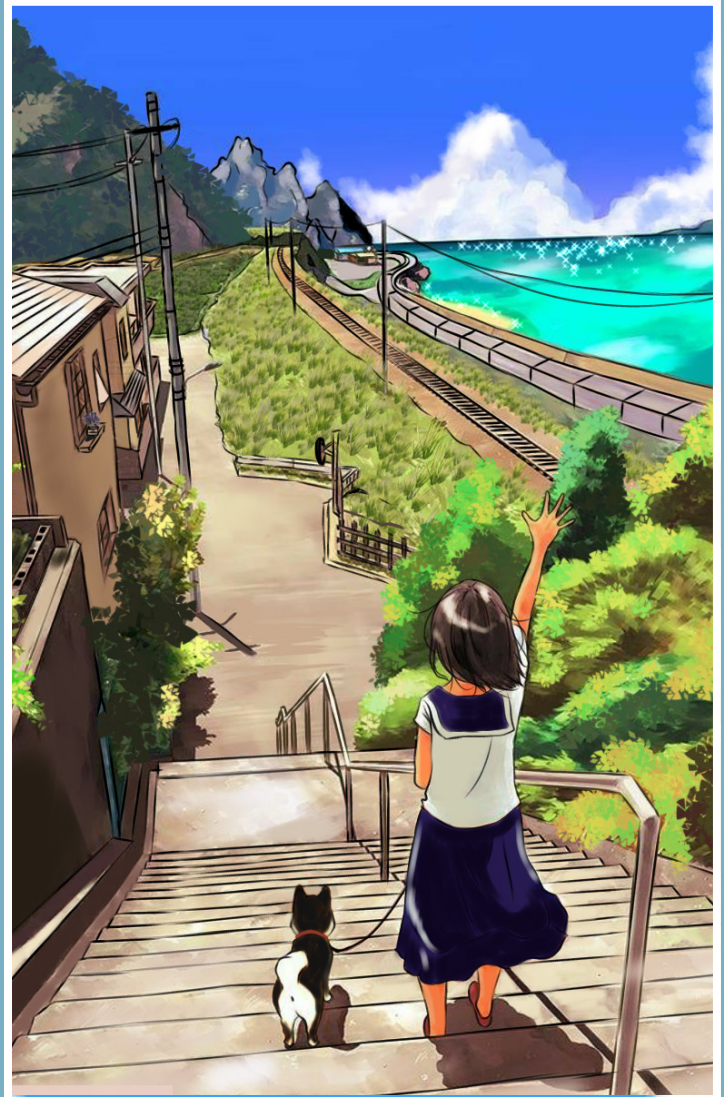
## Galleria

*“The strange thing about sunset is.. It always reminds us that no matter how bad the day may be.. The ending can always be beautiful.”*



*“Tenyiphie September Evening”*

Anonymous



*Digital Art by Moabenla, BA (Eng. Hon), 3<sup>rd</sup> Sem*



*Sketch by Aito K Sumi, MA Economics, 1<sup>st</sup> Sem*





*Sometimes,  
I ponder upon how nature can be  
so prepossessing,  
My love for nature grows day  
by day...*

Kezia Rai, BA 1st Semester (English Honours)

## ICFAI University Nagaland 15<sup>th</sup> Freshers' Day celebration

The ICFAI University Nagaland celebrated its Freshers' Day on 21 October 2022 to welcome the new batch of students of 2022. The formal program began with Dr. Kevizonuo Kuli, Associate Dean of the university delivering the welcome address. The occasion was graced by Mr. Sebastian Zumvu, chairman (Sovima Village Council). In his addressal, he particularly reminded the young adults about the many platforms which modern technology has provided them and to make use of it in voicing out their opinions to bring about a change.



During the informal session of the event the contest of Mr. and Ms. Fresher was held. The program ended with Kethosilie Kuotso and Rokuono Nakhro winning the title of Mr. and Miss Fresher of ICFAI University Nagaland 2022 respectively. The subtitle award for best ethnic wear was awarded to Mr. Kirangtsungba and Ms. Dimatoli Zhimo.



# Campus Interview

## Interview with MISS FRESHER

*Rokuono Nakhro, BBA 1st sem*



**Q1. How was it like winning the IUN MISS FRESHER title 2022 ?**

→ It was a wonderful experience; one which I will cherish forever.

**Q2. Tell us about your new experiences in the ICFAI University**

→ The ICFAI University is like a home away from home. The institution is great, the teachers are all wonderful and friendly and the surroundings are beautiful.

**Q3. If given a chance to be the Vice Chancellor of the University, what changes would you like to bring ?**

→ If I were the Vice Chancellor, I would like to bring a change in the division of class timing as the current one is unfavorable for the students in my opinion.

**Q4. Give us a positive and negative feedback about the Students Council.**

→ Positive: They are quick to react and take up their responsibilities in any given situation.

→ Negative: Presently, I have no grievances.

## Interview with MR FRESHER

*Kethosilie Kuotsu MA Pol. Science*



**Q1. How impactful has it been winning the title of MR FRESHERS 2022?**

→ In my opinion, winning this title is a privilege; it's a journey to stand from and to be confident.

**Q2. What are some of the things you like and dislike about the management in the university?**

→ According to me, I appreciate two things about this University: the first will be efficient faculty. The canteen food is upto the expectations of the students. The things which I feel is lacking is the University needs more neatness and improvise more campus facility for the students.

**Q3. How do you tackle peer pressure?**

→ Life itself is challenging and wonderful sometimes. You have to understand the dynamics of life and look forward to newer possibilities.

**Q4. In your personal opinion, are the students of IUN capable and worthy of competition across the state for inter college (events, e-sports, literary etc)?**

→ If the University gives a proper platform to perform, the ICFAI students will excel in many arenas. The sports in-charge should promote more opportunities for the students to participate in such event. Just one Mentor to guide/teach/mould/shape them is needed. The students will surely uplift the University during the Inter college events.

Interviewed by Avipra Saprana, BA 3rd Semester (L&TS)

## Reading and Discussion of Mr. Kevitho Kera's book, *Brain Through the Meat Grinder*

The Department of English, ICAFI University Nagaland organized a reading and discussion of Mr. Kevitho Kera's book, *Brain Through the Meat Grinder*. During the program, the writer kept the audience engrossed as he read parts from his book. This was followed by a conversation with the author and VishÜ Rita Krocha, founder of PenThrill Publication. The conversation ended with the writer motivating the students never to give up on life and wishing hope and light to all.



The program saw the active participation from the Students of English Department, IUN. The intention of the department in organizing such program is to introduce the students to the new emerging writers of Nagaland and also to acquaint them with various genre of writing.

## Awareness Talk on "Mental Health"

The Health Club of ICAFI University Nagaland in collaboration with the Community Mental Health Programme (CMHP) of Prodigals' Home, Dimapur jointly organises an Awareness Talk on "Mental Health" on the 6th of October, Thursday 2022 at the University auditorium. The resource person for the event was Mrs Imlibenla Mongro, Clinical Psychologist of Referral Hospital, CIHSR Nagaland. The World Mental Health Day is commemorated every year on the 10th of October with different themes. 'Make Mental Health and Well-Being for All a Global Priority' is the theme for 2022's "World Mental Health Day."

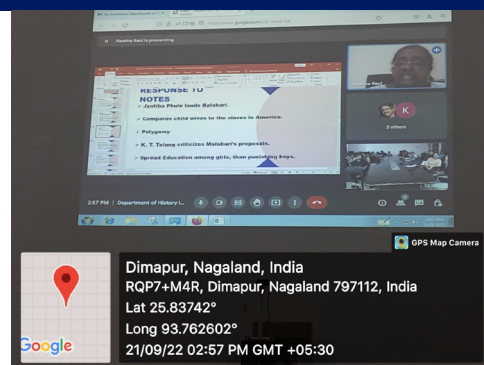


Mrs Imlibenla Mongro, highlighted mostly on 'Depression & Stress' which can affect all age groups, from children to older people. Stress can affect all parts of our lives, including our emotions, behaviours, thinking ability and physical health. How we handle stress, make all the differences and based on that the symptoms can also vary from one person to the other.

## Department of History organized Webinars

The Department of History had organised a webinar on 21st September, 2022 on the topic "Law and Gender Question in Colonial India: Age of Consent Act 1881". Dr. Neetha Rani, Assistant Professor in School of Gender Studies, TISS Hyderabad was the Guest speaker.

The Department of History has also organized a webinar on 28th October 2022 on the topic "Gendered Instability: Re-evaluating the Gender Concepts and Characterization in Ao Naga Floklore" with Dr. Rongsenzulu Jamir as the Guest Speaker. He is a Post-Doctoral Fellow at the Delhi School of Public Policy and Governance, University of Delhi.



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